



GANESAR COLLEGE OF ARTS AND SCIENCE

(Accredited with 'B' grade by NAAC)

MELAISIVAPURI - 622 403, PUDUKKOTTAI, TAMILNADU

Phone: 04333 - 247218, 247603

SCC/ AY: 2023-24

Name of the Committee : Student Counseling Cell
Academic Year : 2023-2024
Meeting No : 1
Date & Time : 20-07-2023
Venue : Principal Room

MINUTES OF THE MEETING

The Student Counseling Cell meeting was held on 20-07-2023 at 3.30 pm. Meeting Chair: **Dr.V.A.Palaniappan**

The following members were present:

Members	Signature
Dr.V.A.Palaniappan, Principal Chairman	
Dr.M.Suresh Kumar, Director of Physical Education Co-ordinator	
Dr.C.Kurinji, Asst Professor of Tamil Co-ordinator	
Dt.K.T.Murugesan, Asst Professor of Tamil Internal Member	
Ms.M.Sharmila Devi, Asst Professor of Social Work Internal Member	

The following agenda is discussed in the meeting:

Agenda	Decision Taken	Role & Responsibilities
Discussion in regard to activities for the odd semester	Planned one activity per semester	All Members
Allocation of responsibilities	MOC Feedback and Attendance	Dr.K.T.murugesan M.Sharmila Devi

Co-ordinator

Principal
20/07/2023



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STUDENT COUNSELLING CELL

ACTIVITY REPORT 2023-24

CALMATIVE TALK ON EXAMS

Dt: 06-11-2023



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Counselling Cell Activities

The Ganesar College of Arts and Science, Melasivapuri Counselling Cell provides psychological support, guidance, and counselling to all of the students enrolled in the college from its location on the college grounds. It is an active body designed to support the mental well-being and motivation of the students. It was established in 2023.

Title of the Program : Calmative Talk on Exams
Name of the Coordinator/s : Dr.M.Suresh Kumar & Dr.C Kurinji
Date : 06-11-2023
Number of Participants : 153

Calmative Talk on Exams

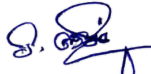
An event on "Calmative Talk on Exams" was organized by Student Counselling Cell on 06th November 2023 at 2:00 P.M. This talk was organized to provide instructions to the students regarding Examination Pattern and to give wishes and blessings to the students of first year. This talk was planned in two sessions, one for Arts students and other for Science students. 153 students from different department attended the meeting.

Photographs of individual sessions



Outcome of the events

The counselling sessions has helped the students to reduce their anxiety and stress created due to Semester examinations. It has helped the students to have an awareness of the self traits and the exams to which they have to perform.

S. 
Ms 
Co-ordinator(s)


Principal