

# GANESAR COLLEGE OF ARTS & SCIENCE

Melaisivapuri  
Pudukottai Dist – 622 403

## IQAC- WOMEN CELL

Place	: Palaniyappar Annamalayar Hall
Date & Time	:24.01.2023 , 10a.m
Prayer	: Students
Welcome Address	:Dr. V.A.Palaniyappan HOD, Dept of Tamil
Presidential address	:Dr. M. Selvarasu, Principal (IC)
Felicitation	: Dr.S.Sivakali Primary health centre Karaiyur.
Title	: “Stress Management”
Vote of thanks	: Dr. S. Brindha, Women Cell Co-ordinator.

**All are cordially welcome.**

Place: Melaisivapuri,

With regards,

Date: 24.01.2023

Management, Principal, Teaching and

Non- teaching faculties & Students

1. An orientation program on Stress management was organised by the women cell of the college on 24.01.23 in the seminar hall. The speaker ,Dr.S.Sivakalai ,primary health centre, spoke elaborately on how stress affects life of people in physical, mental and psychological level. She also talked about the factors contributing to stress and the ways to overcome stress.

2. International Women's Day was celebrated in a grand way on 8 March 2022. Students took part in various competitions such as debate, poetry recitation, drawing, rangoli and mime. Fun games also conducted to motivate them to take part in all the events.

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IQAC- WOMEN CELL

INTERNATIONAL WOMENS Day

Date & Time :08.03.2023; 10 A.M  
Place : Sanmarga Sabai  
Prayer : Students  
Welcome Address : Mrs.J.Jeyarasi  
Assit Prof ,Dept of English.  
Presidential address :Dr. M. Selvarasu,  
Principal (IC)  
Felicitation : Mrs.R.Vijaya  
V.A.O; Varpttu  
Vote of thanks : Dr. S. Brindha,  
Women Cell Co-ordinator.

## POERTY Hall

Time : 10.30.a.m  
Presidential address : Dr.PR.Alagammai  
Assistant prof , Dept of Tamil  
Tittle : “SATHIKKAP PIRANTHAVAL PENN”  
After noon 12.p.m : Variety Shows  
After noon 2.00 p.m : Caltural programme

**All are cordially welcome.**

Place: Melaisivapuri,

Date: 07.03.2023

With regards,

Management, Principal,Teaching and

Non- teaching faculties & Students





